



MarinHealth Medical Center
Annual Report and Plan for Community Benefit
January 1, 2022 – December 31, 2022

Submitted to:
Department of Health Care Assessment and Information (HCAI)
Accounting and Reporting Systems Section
Sacramento, California



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About MarinHealth Medical Center

MarinHealth Medical Center is owned by the Marin Healthcare District. It is an award-winning, full-service, nonprofit hospital that has been meeting the community's health care needs since 1952. MarinHealth's original hospital served 50,000 residents. The local population has since soared, and medical science has advanced dramatically. To meet the needs of Marin County, MarinHealth completed an extensive hospital expansion in 2020. The new hospital campus includes a five-story, 260,000 square-foot hospital replacement building with 114 new patient rooms, 3 new operating rooms, 15 private labor, delivery, recovery and postpartum (LDRP) suites, a 7-bed state-of-the-art neonatal intensive care unit (NICU), and an Emergency and Trauma Department with private rooms, and separate entrances and treatment areas for psychiatric and high-security patients.

Awards

MarinHealth Medical Center was the recipient of a number of awards and accolades in 2022:

- Healthgrades America's Top 10% in the Nation for Cardiology Services 2 years in a row
- Awarded Healthgrades Five-Star Distinctions in:
 - Treatment of Sepsis for 8 years in a row
 - Treatment of Heart Failure for 4 years in a row
 - Treatment of Heart Attack for 2 years in a row
 - Treatment of Diabetic Emergencies for 2 years in a row
 - Treatment of Chronic Obstructive Pulmonary Disease
 - Treatment of Gastrointestinal Bleed
- American Heart/Stroke Association Get with the Guidelines Stroke Gold Plus Quality Achievement Award
- California Maternal Quality Care Collective's 2022 Quality and Sustainability Award
- Best Hospital & Birthing Center in San Francisco/Marin County 2022 by Bay Area Parent Magazine and Silver Medal for Pediatric Care
- Commission on Cancer Three-Year Accreditation
- United Nations International Children's Fund Baby-Friendly Designation
- Joint Commission Primary Stroke Center Certification and the Gold Seal of Approval for Hospital Services, Advanced inpatient Diabetes Care Program, Stroke Care Program and Behavioral Health Services
- American College of Surgeons verified MarinHealth as a Level III Trauma Center
- National Accreditation Program for Breast Centers
- Voted Best Local Hospital for 2022 by The Pacific Sun
- Marin Independent Journal's Reader's Choice Awards for Best Hospital
- California Department of Public Health Antimicrobial Stewardship Honor Roll
- Excellence in Imaging Services Accreditation by the American College of Radiology.

Mission and Vision

Mission

To provide exceptional health care services in a compassionate and healing environment.

Vision

MarinHealth Medical Center will be the indispensable provider of healthcare in Marin, recognized and valued by our community, patients, physicians, and employees for delivering superior clinical outcomes in a sustainable, state-of-the-art facility.

Governance

MarinHealth Medical Center is a nonprofit community hospital, owned by the Marin Healthcare District, a publicly elected body. The Marin Healthcare District owns the hospital facility buildings and land and leases the facilities to the Marin General Hospital Corporation, which owns the license and the business, and employs hospital staff. The hospital is governed by a volunteer board of directors, comprised of local business and civic leaders and medical staff members. They are responsible for setting policies on patient care operations, finances, and community benefit.

At MarinHealth Medical Center, the focus remains firmly on improving the health of the people of Marin County and the broader North Bay. As a nonprofit organization, there are no shareholders who benefit from financial surpluses. Instead, MarinHealth Medical Center reinvests surpluses into the community with new program implementation, advanced technology, community services, and building projects.

Board of Directors

- David Klein, MD, MBA, Chief Executive Officer
- Andrea Schultz, Chairperson
- Robert Peirce, Vice-Chairperson
- Gene Marie O'Connell, Secretary
- Joseph C. Euphrat, Treasurer
- Joe Abrams
- Joshua Adler, MD
- Martin Arrick, MBA, MPH
- Lisa Carmel
- Shelby Decosta, MHA
- Michael K. Kwok, MD
- Denise Lucy, EdD
- Hadley Mullin, MBA
- Adam Nevitt, MD
- Mara Perez, PhD
- K. Jennifer Voss, MD, Chief of Staff

Community Benefit Oversight

MarinHealth Medical Center convenes a Community Benefit Advisory Committee, which meets regularly to offer strategic guidance for the hospital's community benefit program, review community grant requests, and ensure compliance with state and federal community benefit regulations. The committee is made up of members from the MarinHealth Medical Center, the MarinHealth Medical Center Board of Directors, and the Marin Healthcare District Board of Directors.

- Jill Kinney, VP, Marketing & Communications, MarinHealth Medical Center
- Rebecca Maxwell, Director, Behavioral Health, MarinHealth Medical Center
- Tori Murray, RDN, Director, Strategic Initiatives, MarinHealth Medical Center
- Mara Perez, PhD, MarinHealth Medical Center Board of Directors
- Jennifer Rienks, PhD, Marin Healthcare District Board of Directors

Caring for our Community

MarinHealth Medical Center is dedicated to caring for all people in Marin County throughout their lifespan and providing services to the underserved and uninsured. Our commitment to the community goes beyond the expert medical care we provide during acute illness: we want to help the people we serve to be healthy and live well. This report demonstrates tangible ways in which MarinHealth is fulfilling its mission. The medical center provides financial assistance to those in the community who cannot afford services, or whose health insurance does not cover all services rendered. In addition, MarinHealth invests in the community to increase access to health care services and improve health outcomes.

Service Area

MarinHealth Medical Center is located at 250 Bon Air Road, Greenbrae, CA 94904. The service area comprises all of Marin County. It includes the cities of Belvedere, Corte Madera, Fairfax, Larkspur, Mill Valley, Novato, Ross, San Anselmo, San Rafael, Sausalito, Tiburon, and the coastal towns of Stinson Beach, Bolinas, Point Reyes, Inverness, Marshall, and Tomales.

Map of the MarinHealth Medical Center Service Area



Community Snapshot

Marin County has consistently been ranked as one of the healthiest counties in California ([County Health Rankings](#)). There is much to celebrate regarding the positive health outcomes in our county, yet clear inequities exist, which illustrates that Marin County residents need services that can help them achieve positive health outcomes.

The population of Marin County is 259,943. The median age of Marin County residents is 46.8 years. White residents (71.2%) comprise the largest portion of the population. Hispanic or Latino residents are 16% of the population, Asian residents are 5.8% of the population, and Black or African American residents are 2.1% of the population. Native American residents, Hawaiian or Pacific Islander residents, and other races combined total 4.9% of the population. Among the residents in the service area, 7.2% are at or below 100% of the federal poverty level (FPL). The median household income is \$112,069. 3.5% of the Marin County population lack health insurance. Educational attainment is a key driver of health, and in the county, 6.7% of adults, ages 25 and older, lack a high school diploma.

(Source: [MarinHealth 2022 Community Health Needs Assessment](#)).

Community Health Needs Assessment

MarinHealth Medical Center completed a Community Health Needs Assessment (CHNA) in 2022 as required by state and federal law. The CHNA is a primary tool used by MarinHealth Medical Center to determine its community benefit plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs. As part of the Healthy Marin Partnership (HMP), MarinHealth participated in a collaborative process for the CHNA with Marin Community Foundation, Marin County Department of Health and Human Services, and Sutter Health Novato Community Hospital, along with data shared by and with Kaiser Permanente San Rafael Medical Center during their separate CHNA development.

Given these entities share an overlapping service area, the collaborative effort reduced redundancies and increased data collection efficiency.

The assessment incorporated components of primary data collection and secondary data analysis that focused on the health and social needs of the service area population. A broad range of community members provided input through key informant interviews, group interviews, and a focus group. Individuals with the knowledge, information, and expertise relevant to the community's health needs were consulted. These individuals included representatives from health departments, education partners, local nonprofit organizations, community clinics, behavioral health providers and hospital staff, as well as clients of local service providers, and other individuals representing medically underserved, low-income, and vulnerable populations who face unique barriers to health (e.g., foreign-born populations, individuals experiencing homelessness). Interviews occurred in one-on-one and small group settings and were conducted with thirty-two (32) key informants from September 2021 to March 2022. A focus group was conducted with four (4) community residents who were also service providers working in Marin County locations or populations who have experienced a disparate amount of poor health outcomes and socioeconomic conditions.

Significant Health Needs

Primary and secondary data were analyzed to identify potential health needs. These needs were derived from a list of common health needs in previously conducted CHNAs throughout Northern California. These needs were supplemented with data derived from a preliminary analysis of the primary data collected from interviews. The potential health needs identified include:

- Access to dental care
- Access to health care
- Access to specialty services
- Basic needs (housing, food, employment, etc.)
- Chronic conditions
- Community connections (support networks and resources)
- Environmental conditions (pollution and built environment)

- Functional needs (transportation, access for persons with physical disabilities)
- Healthy eating and active living
- Injury prevention
- Mental health and substance use
- Safety and violence prevention
- System navigation (social service and health care systems)

To reflect the voice of the community, prioritization was based solely on primary data. Key informants and focus-group participants were asked to identify the three most significant needs in their communities. Prioritization was based on three measures of community input. The first two measures came from the results of the key informant interviews and focus group. These included the percentage of sources that identified a health need as existing in the community, and the percentage of times the sources identified a health need as a top priority. The third measure was the percentage of Service Provider survey respondents who identified a health need as a top priority.

These measures were then combined to create a health need prioritization index. The highest priority was given to health needs that were more frequently mentioned and were more frequently identified among the top priority needs. The significant health needs for Marin County are listed below in priority order.

Prioritized Significant Health Needs

1. Access to basic needs (housing, jobs, food)
2. Access to behavioral health, mental health and/or substance use services
3. Access to quality primary care health services
4. Increased community connections
5. Access to functional needs

The complete CHNA report and the prioritized health needs can be accessed at:

<https://www.mymarinhealth.org/about-us/community-benefit/>. We welcome feedback on the Community Health Needs Assessment and Implementation Strategy. Please send your feedback to Community.Benefit@mymarinhealth.org.

Addressing Priority Health Needs

In 2022, MarinHealth Medical Center engaged in activities and programs that addressed the priority health needs identified in the 2020-2022 Implementation Strategy. MarinHealth Medical Center committed to community benefit efforts that addressed: access to care, healthy eating and active living, housing and homelessness, mental health and substance use, and community safety and injury prevention. Activities and programs that highlight the hospital's commitment to the community are detailed below.

Access to Care

Response to Need

- Provided financial assistance through free and discounted care for health care services, consistent with MarinHealth's financial assistance policy.
- Provided transportation to patients to access health care services.
- Supported 1,269 individuals with compassionate discharge services and prescriptions.
- Supported primary care and specialty care services for the uninsured at MarinHealth Medical Network Clinics.
- The Breast Health Center provided low-cost mammograms to 27 low-income and/or underserved individuals.
- Facilitated by an RN Lactation Consultant, the Mom's Group supported 543 new mothers with free support groups and education on newborn care, breastfeeding and parenting. The group is open to any mother in the community, regardless of where they delivered their baby.
- The Breastfeeding Telephone Support Line provided free education, counseling and breastfeeding support. More than 1,663 encounters were provided. Services were available at no charge, 7 days a week.
- Infant care and childbirth care classes reached 367 persons.
- Pathways, a support group for postpartum moms, assisted 27 persons.
- Provided outpatient care coordination and transitions of care through the Supportive Care Center. The Supportive Care Center provided Palliative Care, Complex Care Management, Advance Care Planning, and Spiritual Care, removing barriers to care for vulnerable patients and their caregivers.
- Provided COVID testing and prevention protocols for 2,500 student athletes and coaches.
- Provided community messaging and outreach on COVID-19, smoking cessation, successful aging, and health and wellbeing.

MarinHealth supported community organizations and health agencies committed to building innovative strategies that serve the needs of Marin County residents through our Community Benefit Grants Program. Community grants that addressed access to care are detailed below.

2022 Community Benefit Grants – Access to Care

Organization	Program Description	Grant Accomplishments
Marin Center for Independent Living	Access to Benefits Program provides benefits planning, advocacy and access to care as core services to uninsured and underinsured individuals living with disabilities.	<ul style="list-style-type: none"> • 280 unduplicated individuals were provided access to care benefits. • 15 breast cancer patients received benefits counseling and 225 individuals received referrals to other community resources for food, rent and financial assistance. • Hired a bilingual Spanish Navigator to increase the benefits program and hired a new Navigator to lead the Emergency Preparedness program.
Marin Community Clinics	Clinic services offer access to primary care and dental services.	<ul style="list-style-type: none"> • 33,934 patients received medical health services. • 19,262 patients received preventive dental services. • 21,743 patients received referrals to specialists.
Operation Access	Coordinates free specialty medical services for low-income, uninsured people, restoring health, quality of life, and ability to work.	<ul style="list-style-type: none"> • 240 uninsured individuals received 313 needed surgical and/or diagnostic services, restoring their quality of life and ability to return to work. • 88% of patients who reported pain at intake reported a reduction in pain after the procedures, and 94% of patients reported improved health and ability to work. • ED visits were reduced by 86% from pre to post procedure. • In response to the expansion of Medi-Cal to undocumented immigrants, ages 50 and older, eligibility for services was increased for persons living at 300% FPL to 400% of FPL.
Petaluma Health Center dba Coastal Health Alliance (CHA)	Dental program provides dental care for patients who are at or below 200% of FPL. CHA is the only safety net provider in West Marin.	<ul style="list-style-type: none"> • Provided dental service for 3,202 unduplicated individuals. They averaged 280 visits per month. • Recruited a dental hygienist and registered dental assistants. • Launched a dental van program to provide services at local elementary and middle schools as well as farmworker communities.
Ritter Center	Ritter is an FQHC Homeless site that provides a range of culturally sensitive, easily accessible, high quality medical care and	<ul style="list-style-type: none"> • 1,355 unduplicated patients received medical care, mental health care, and alcohol and drug treatment services. • Focused on three quality improvement objectives: diabetes A1C, controlling high blood pressure, and improving preventive care through

Organization	Program Description	Grant Accomplishments
	social services.	<ul style="list-style-type: none"> depression screening. Hired a Director of Clinical Compliance to oversee quality improvement, clinic operations, credentialing, and compliance. Also hired a part-time Quality Improvement Data Analyst and imbedded the quality improvement program with the Street Medicine program.
RotaCare Bay Area	The only free clinic in Marin County serving the adult population. Provides acute medical care and initial doses of necessary medications and runs 12 specialty clinics.	<ul style="list-style-type: none"> The clinic provided access to care for 191 unduplicated patients through 444 visits. Over 230 prescription medications were filled. Cared for patients with diabetes who have no access to a home-based medical provider and needed support with ophthalmology check-ups. Worked with community partners to develop a direct referral system so patients can access the services they need.

Healthy Eating and Active Living Response to Need

- The Braden Diabetes Center provided free diabetes support groups, community education and screenings. In 2022, 267 community members participated either in-person or virtually.
- The Integrative Wellness Center provided education, support groups, Healthy Weight for Wellness, and Qi Gong events free to the public. In 2022, 547 community members were served.
- Distributed the free *Health Connection* e-Newsletter and quarterly educational podcasts to the public and provided education on healthy eating and active living.
- Registered Dietitian Nutritionists provided free nutrition advice to the public.

MarinHealth supported community organizations and health agencies committed to building innovative strategies that serve the needs of Marin County residents through our Community Benefit Grants Program. Community grants that addressed healthy eating and active living are detailed below.

2022 Community Benefit Grants – Healthy Eating and Active Living

Organization	Program Description	Grant Accomplishments
Ceres Community Project	Provides medically tailored meals, nutrition, education and support to low-income families struggling with serious	<ul style="list-style-type: none"> 189 individuals and an additional 26 family members or caregivers were provided healing meals, for a total of 215 persons served. 29,058 meals were delivered. 80% reached low-income and very low-income clients, including

Organization	Program Description	Grant Accomplishments
	illnesses. Youth volunteers are the chefs and gardeners, learning job and life skills.	<p>those who received extra meals for reported food insecurity.</p> <ul style="list-style-type: none"> • 73 youth were engaged in 3,176 hours of community service. • Found a new kitchen site where they are the sole occupant. This will allow for increased meal production and services.
Kids Cooking for Life	Changing Lives, One Recipe at a Time; free after-school cooking and nutrition classes for youth, ages 10-18. 80% of families are immigrants and 85-90% of families are below 300% of area median income.	<ul style="list-style-type: none"> • Over 60 students participated in 5 sessions, with each class session lasting 4 weeks long. At least 12 students attended every session and often a sibling attended classes as well. • Many students are first generation English Language Learners and were not all able to read food labels. • 100% of students reported they have learned to prepare healthy meals and can properly use a knife.
San Geronimo Valley Community Center	Promotes healthy reintegration post COVID-19. Programs include outdoor youth activities, social emotional learning, garden programs for youth and seniors, and senior activities.	<ul style="list-style-type: none"> • 1,500 unduplicated youth and seniors received programming. • Provided 30 empowerment groups for middle school students and expanded outdoor exploration for at least 30 weeks during the school year. • Provided opportunities for outdoor activities with hikes and garden education during the school year and in summer camp. • Taught kids cooking skills and how to prepare healthy snacks. • Provided weekly support groups and community groups for young adults. • Held art and activism groups. • Offered 30 senior strolls and senior playdates that included exercise, games, knitting, and gardening. • Enhanced access to healthy meals and snacks through food pantry programs. • Created a bimonthly senior tea with healthy snacks.
West Marin Senior Services	Safety Net Services for Seniors Aging in Place. Seniors are a federally	<ul style="list-style-type: none"> • 195 unduplicated seniors received core supportive services aimed at successfully aging

Organization	Program Description	Grant Accomplishments
	designated medically underserved population in West Marin. WMSS provides supportive services including case management, home delivered meals, congregate meals, transportation assistance and social visits.	<p>in West Marin including case management, home delivered meals, and visiting services.</p> <ul style="list-style-type: none"> • 79 unduplicated seniors participated in the nutrition program and delivered 10,748 meals to home-bound seniors. • In addition to home delivered meals, each week individuals received a supplementary bag of fresh organic fruits and vegetables. • 1,922 produce bags were delivered. • 74 elderly individuals received virtual visiting services from Dominican University and University of San Francisco student nurses for coaching, health and emotional support. Seniors received 433 hours of service. • Completed 69 unduplicated homecare placements.

**Housing and Homelessness
Response to Need**

MarinHealth supported community organizations and health agencies committed to building innovative strategies that serve the needs of Marin County residents through our Community Benefit Grants Program. Community grants that addressed housing and homelessness are detailed below.

2022 Community Benefit Grants – Housing and Homelessness

Organization	Program Description	Grant Accomplishments
Community Action Marin	Supports displaced individuals and families who have been experiencing homelessness for less than 30 days, older adults and people with mental health issues who lack access to secure shelters and sanitation areas, including those in campers and cars. Provides supportive services.	<ul style="list-style-type: none"> • Provided 219 unduplicated individuals with immediate basic needs and support services. • Assisted over 60 families each month, supporting them with tents, sleeping bags, bagged lunches, and hygiene kits. Also provided short-term motel stays. • 18 clients were referred to housing partners. The limited number of housing slots meant only 18 clients could enter the system. • Referred 176 individuals to the broader safety net system, including workforce development, mental health programs, and benefits assistance. • Held nine pop-up events in San Rafael, Novato, Marin City and Bolinas to make services accessible where individuals live.

Organization	Program Description	Grant Accomplishments
Homeward Bound	Medical Respite: with six beds in three ADA compliant rooms, the program provides a stable environment for individuals experiencing homelessness to recuperate as well as provide linkages to promote economic independence, housing stability and establish a medical home.	<ul style="list-style-type: none"> • Served 72 individuals. • 100% of individuals were linked to a medical home and only 6% of individuals were re-hospitalized during their respite stay. • Services provided resulted in avoiding 355 hospitalization days with a cost savings of \$1,454,790. • There was a 34% decrease in the population of veterans experiencing homelessness in 2022 compared to 2019. • Added 50 supportive housing units for individuals who were chronically homeless.
St. Vincent de Paul Society	Free Dining Room and Health Services Program provides free meals and ancillary services including accessing housing, health care, legal services and financial assistance. Focus is on persons experiencing homelessness or facing imminent threat of homelessness.	<ul style="list-style-type: none"> • Provided more than 180,000 meals. • Supported more than 500 people with housing resources. • Provided over 1,000 families in financial crisis with direct assistance for housing and emergency needs. • Provided hundreds of people with legal advice and advocacy as well as flu shots, COVID vaccines and other preventive services.

Mental Health and Substance Use Response to Need

MarinHealth Medical Center’s Behavioral Health program provided accredited hospital inpatient and outpatient behavioral health care services, including partial hospitalization and co-occurring behavioral health and substance use. The Behavioral Health Program is Marin County’s designated 5150 facility. With 17 adult inpatient beds, it is the county’s only inpatient psychiatric program and the only provider of electroconvulsive therapy (ECT) in the North Bay. The program offers a continuum of care through the hospital-based ambulatory program.

Behavioral Health staff provided care coordination and linkages to services for patients who presented to the Emergency Department with complex psychosocial issues related to homelessness, poverty, domestic violence, human trafficking, violent crimes and trauma. MarinHealth’s Behavioral Health program partnered with Marin County Behavioral Health Services and other community stakeholders, such as Whole Person Care, Marin Community Clinics, Marin County Adult Protective

Services, Ritter Center, Helen Vine and many others.

MarinHealth supported community organizations and health agencies committed to building innovative strategies that serve the needs of Marin County residents through our Community Benefit Grants Program. Community grants that addressed mental health and substance use are detailed below.

2022 Community Benefit Grants – Mental Health and Substance Use

Organization	Program Description	Grant Accomplishments
Buckelew Programs	Bilingual, culturally sensitive counseling services for individuals and families, including undocumented residents.	<ul style="list-style-type: none"> • 147 individuals received 1:1 psychotherapeutic outpatient counseling. • Eight Spanish speaking clients received culturally appropriate services. • 90% of individuals reported improvement in their life functioning. • Has bilingual and cultural capacity in Spanish and Hindi.
Community Institute for Psychotherapy (CIP)	Provides affordable, timely and comprehensive mental health care for vulnerable families, adults, and children who are ineligible for county services and cannot otherwise afford care.	<ul style="list-style-type: none"> • 528 individuals were evaluated and began weekly 1:1 therapy. • Over 70% of individuals reported improvement in presenting symptoms. • Approximately 166 individuals (31%), received referrals for collateral services, including medical care, treatment for substance use, and eating disorders.
Jewish Family and Children’s Services	Behavioral Options to Optimize Senior Transitions provides early identification and screening for depression, anxiety, and trauma with evidence-based interventions.	<ul style="list-style-type: none"> • 44 seniors received Cognitive Behavioral Therapy, Healthy Ideas activation and linkages to additional services. 69% of individuals showed a clinically significant reduction in symptoms. • 88% of seniors participated in an individualized care plan, which lasted 6-12 months. • 395 seniors were reached through outreach and psychoeducation. • Partnered with The Spahr Center to train clinical team on LGBTQ+ inclusion.
Marin City Community Development Corporation	Empowerment Clubhouse Transitional Employment Program is a substance abuse recovery oriented mental health program	<ul style="list-style-type: none"> • Three members were employed in 2022 and an additional two members will be ready for hire in February 2023. • Created space to support job seekers that is ADA compliant.

Organization	Program Description	Grant Accomplishments
	for those with serious mental illness, including transitional age youth.	<ul style="list-style-type: none"> Launched a new wellness program and a learning lab.
Marin Community Clinics	Clinic Services offers access to care including substance use and behavioral health services.	<ul style="list-style-type: none"> 1,455 patients received substance use services. 3,247 patients received behavioral health services.
The Spahr Center	Friendly Visitor LGBTQ+ Senior Program focuses on LGBTQ+ seniors with an emphasis on individuals living in residential care facilities and skilled nursing facilities.	<ul style="list-style-type: none"> Engaged 9 visitors and 10 clients for a total of 19 people. Conducted outreach to over 20 adult service providers.

Community Safety and Injury Prevention Response to Need

- Athletic trainers provided support to [Concussion Smart Marin](#) programming, reaching 5,000 children and their families.
- Community members participated in CPR (58 persons) and first aid classes (11 persons).
- 1,000 Boy Scouts participated in the American College of Surgeon’s Stop the Bleed training held at MarinHealth. Stop the Bleed encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

MarinHealth supported community organizations and health agencies committed to building innovative strategies that serve the needs of Marin County residents through our Community Benefit Grants Program. Community grants that addressed community safety and injury prevention are detailed below.

2022 Community Benefit Grants – Community Safety and Injury Prevention

Organization	Program Description	Grant Accomplishments
Huckleberry Teen Health Program	Teen Health Program provides youth (ages 12-25) and families with prevention education, screenings, assessments, and brief interventions as well as counseling for	<ul style="list-style-type: none"> 1,845 youth participated in health education workshops. 786 youth received substance use education and participated in a three-day sexualized violence prevention education class. 273 youth received mental health and/or behavioral health assessments during Teen

Organization	Program Description	Grant Accomplishments
	mental health and substance use.	<p>Tuesday Clinic and 326 youth received mental health counseling.</p> <ul style="list-style-type: none"> • 327 youth were identified in Teen Clinic screenings for brief intervention in mental health and/or substance use.
North Marin Community Services	<p>Teen Clinic uses a trauma-informed coordinated service delivery model to increase access to behavioral health and reproductive health. Focuses on low-income youth of color, ages 12-25, in North Marin.</p>	<ul style="list-style-type: none"> • 316 unduplicated youth were served through screenings, brief interventions, and referrals to SBIRT treatment coupled with intensive case management and integrated behavioral health services. • Provided approximately 4,000 brief, collateral, crisis interventions, and individual and/or group therapy sessions. • 2,156 youth were reached through community health education and outreach. 176 youth were screened with Rapid Adolescent Prevention Screening (RAAPs). • 9 peer health promoters participated in 50 hours of leadership development training and work experience.

Other Community Benefit Services

MarinHealth Medical Center provided community benefit services in addition to those programs focused on addressing priority health needs.

Health Professions Education

Definition: education programs for physicians, nurses, nursing students, and other health professionals.

Continuing Medical Education (CME)

Free educational programs were offered to physicians and other health practitioners in Marin County who served the local patient community. Grand Rounds presented cases and provided analysis and discussions of treatment options to 198 health care professionals.

Nursing Education

MarinHealth partnered with universities and colleges to provide staff-precepted clinical education for RN students. This year, 210 student nurses were precepted by MarinHealth nursing staff.

Other Health Professions Education

Other health professionals were educated and performed their clinical hours and/or internship rotations at MarinHealth. In 2022, 27 students received precepted training in the Nutrition Services, Occupational Therapy, Pharmacy, Physical Therapy, Radiology, and Respiratory Therapy.

Cash and In-Kind Donations

Definition: funds and in-kind services donated to community groups and nonprofit organizations.

Grants

MarinHealth contributed \$470,000 in grant funds to nonprofit organizations that provided services to vulnerable populations in Marin County.

Cash Donations

MarinHealth supported several nonprofit community organizations through cash donations and sponsorships (partial listing):

- American Heart Association
- ExtraFood.org
- Hospice by the Bay
- Relay for Life
- Survivors Celebration
- To Celebrate Life – Stepping Out

- Zero Breast Cancer Foundation

In-Kind Donations

- Donated over 17,000 pounds of packaged food from retail and patient services to ExtraFood.org, which distributed the food to those in need in Marin County.
- Provided meeting room space free of charge to local nonprofit organizations.

Community Benefit Operations

Definition: direct and indirect costs associated with assigned staff, community health needs assessments, community benefit planning, tracking, reporting, evaluating and operations.

Reported costs included:

- Conducted a collaborative Community Health Needs Assessment
- Lyon Software CBISA subscription
- Administrative support for community benefit
- Community benefit consultants

Financial Summary of Community Benefit

Marin Health’s financial summary of community benefit for 2022 (January 1, 2022 to December 31, 2022) appears in the table below. MarinHealth Medical Center provides financial assistance and community benefit services, programs and activities that serve children, adults and seniors. The costs of providing these services are not fully reimbursed. Community benefit costs comply with Internal Revenue Service instructions for Form 990 Schedule H.

Community Benefit Categories	Net Benefit
Financial Assistance ¹	\$1,169,977
Unpaid Costs of Medi-Cal ²	\$41,378,490
Education and Research ³	\$2,649,132
Other for the Broader Community ⁴	\$23,765,315
Total Community Benefit Provided Excluding Unpaid Costs of Medicare	\$68,962,914
Unpaid Costs of Medicare ²	\$89,742,844
Total Quantifiable Community Benefit	\$158,705,758

¹ Financial Assistance includes traditional charity care write-offs to eligible patients at reduced or no cost based on the individual patient’s financial situation. Financial Assistance or Charity Care does not include costs for patients who had commercial insurance, but could not afford their out-of-pocket costs.

² Unpaid costs of public programs include the difference between costs to provide a service and the rate at which the hospital is reimbursed.

³ Costs related to the health professions education programs and medical research that the hospital sponsors.

⁴ Includes non-billed programs such as community health education, screenings, support groups, clinics, support services, and community benefit operations.

Community Benefit Plan 2023

MarinHealth Medical Center continues to implement activities and programs to address the priority needs in our service area.

Significant Needs the Hospital Intends to Address

MarinHealth Medical Center intends to take actions to address the following health needs that were identified in the 2022 CHNA and detailed in the 2023-2025 Implementation Strategy:

- Access to care (includes dental care, primary care and specialty care)
- Healthy eating and active living (with a focus on chronic conditions)
- Housing and homelessness
- Mental health and substance use
- Violence and injury prevention

Access to Care (Including Dental Care, Primary Care and Specialty Care)

Goals: Increase access to health care for the medically underserved and increase the capacity of health care providers to meet the needs of the medically underserved.

Strategies

1. Provide financial assistance through free and discounted care and government health programs for low-income patients for health care services, consistent with the hospital's financial assistance policy.
2. Provide transportation support for patients who cannot access health services because of a lack of transportation.
3. Provide discounted or free prescription medications for patients who are unable to afford the cost of their medications.
4. Support access to primary care and specialty care services for the underinsured.
5. Provide outpatient and/or transitional care coordination to address barriers to care for vulnerable patients and their caregivers.
6. Provide grants to nonprofit community organizations dedicated to increasing access to health care services.

Healthy Eating and Active Living (with a Focus on Chronic Conditions)

Goals: Reduce the impact of chronic diseases on health and increase the focus on chronic disease prevention and treatment education. Reduce overweight and obesity as a result of increased healthy eating and physical activity.

Strategies

1. Provide diabetes support groups, community education and screenings.

2. Registered dietitian nutritionists will provide free advice to the public on nutritional needs.
3. Host support groups for persons with chronic diseases, including improved nutrition or weight management, and their caregivers.
4. Conduct community outreach, provide education, support groups, nutrition and healthy lifestyle classes free to the public.
5. Provide grants to nonprofit community organizations dedicated to addressing chronic diseases and increasing access to healthy eating and active living.

Housing and Homelessness

Goals: Connect persons experiencing homelessness to community-based programs and services. Build strategies to improve the health and housing stability of persons experiencing homelessness.

Strategies

1. Participate in community-wide efforts to collaboratively address housing and homelessness.
2. Connect persons in the emergency department or hospital who were experiencing homelessness to recuperative care and other appropriate service providers along the continuum of care.
3. Provide grants to nonprofit community organizations dedicated to addressing housing and homelessness.

Mental Health and Substance Use

Goals: Increase access to mental health and substance use services in the community. Improve screening and identification of mental health and substance use needs.

Strategies

1. Provide accredited hospital inpatient and outpatient behavioral health care services, through the MarinHealth Medical Center Behavioral Health program.
2. Support the emergency department as a primary access point for the treatment of substance use disorders and co-occurring mental health conditions. Utilize trained navigators to identify patients who would benefit from initiating medication for addiction treatment (MAT) or mental health services.
3. Provide grants to nonprofit community organizations dedicated to addressing mental health conditions and substance use disorders.

Violence and Injury Prevention

Goals: Decrease violence in the community and improve services and resources to prevent injury and increase safety.

Strategies

1. Present the American College of Surgeon's Stop the Bleed training so that the general public can become trained, equipped and empowered to help in a bleeding emergency before professional help arrives.
2. Offer community health education, lectures, presentations, and workshops to reduce unintended injuries.
3. Through the use of Athletic Trainers, support the County's efforts for injury prevention education, and concussion management, etc.
4. Provide grants to nonprofit community organizations dedicated to addressing community safety and violence and injury prevention.

Evaluation of Impact

MarinHealth Medical Center is committed to monitoring and evaluating the programs and activities outlined in this Community Benefit Plan. We have implemented a system for the collection and documentation of tracking measures, such as the number of people reached or served, and collaborative efforts to address health needs. An evaluation of the impact of MarinHealth Medical Center's actions to address the identified priority needs will be reported in the next scheduled CHNA.

Needs the Hospital Will Not Address

Since MarinHealth Medical Center cannot directly address all the health needs present in the community, we will concentrate on those health needs that can most effectively be addressed given our areas of focus and expertise. Taking existing medical center and community resources into consideration, MarinHealth Medical Center will not directly address the remaining health needs identified in the CHNA, including community connections and functional needs.

Contact Information

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